

Episode 5: Take-home questions

We're watching a video series about how students can develop a growth mindset!
Watch it at: www.classdojo.com/BigIdeas,
and ask your child these questions tonight.

1. Sometimes when we are working on a challenging task, we may think, "just try harder." Is there a way to change this phrase?
2. What are some strategies we can use when facing a big challenge, so that we don't burn out?
3. Brainstorm phrases we can use to keep us going when facing a challenge (e.g., "Nice effort trying to solving that math problem!").



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