

Digital Safety

- **Bullying**
 - <https://www.connectsafely.org/safety-tips-advice/>
 - <https://www.stopbullying.gov/at-risk/warning-signs/index.html>
 - <https://www.stopbullying.gov/at-risk/effects/index.html>
 - <https://www.stopbullying.gov/cyberbullying/digital-awareness-for-parents/index.html>
 - <https://www.pacer.org/bullying/resources/parents/>
 - <https://www.stompoutbullying.org/get-help/parents-page/>
- **Sexting**
 - <https://kidshealth.org/en/parents/2011-sexting.html>
 - <https://parentinfo.org/article/sexting>
 - <https://internetsafety101.org/sexting>
 - <https://www.talkwithyourkids.org/lets-talk-about/sexting-revolution.html>
- **Social Media**
 - <https://www.healthychildren.org/English/family-life/Media/Pages/Tips-for-Parents-Digital-Age.aspx>
 - <https://internetsafety101.org/parentsguidetosocialmedia>
 - <https://www.psychologytoday.com/us/blog/artificial-maturity/201803/parent-s-guide-social-media-use-kids>
 - <https://kidshealth.org/en/parents/social-media-smarts.html>
- **Parent/ child relationship**
 - <https://childmind.org/article/tips-communicating-with-teen/>
 - <https://educateempowerkids.org/6-great-activities-help-communicate-teenager/>
 - <https://www.hhs.gov/ash/oah/adolescent-development/healthy-relationships/parents-child/index.html>
 - <https://www.acped.org/the-importance-of-close-parent-child-relationships>
 - <https://www.psychologyinaction.org/psychology-in-action-1/2018/4/23/k17ziyfq1vy9tlytr9l9k48epdnur>
- **Human Trafficking**
 - <https://humantraffickinghotline.org/>
 - <https://love146.org/caregivers/>
 - <https://internetsafety101.org/6ZDZYRJA7>
 - <https://internetsafety101.org/predatorsrulesofengagement>
 - <https://internetsafety101.org/trafficking>
 - <https://www.unicefusa.org/mission/protect/trafficking>
- **Healthy & unhealthy relationships**
 - <https://www.pasco-wa.gov/380/Domestic-Violence-Response-Unit>
 - <https://www.thehotline.org/>
 - <https://dvsbf.org/>
 - <https://kidshealth.org/en/teens/healthy-relationship.html>
- **Substance abuse**
 - <https://teens.drugabuse.gov/parents>
 - <https://www.drugabuse.gov/parents-educators>
 - <https://www.adolescenthealth.org/Resources/Clinical-Care-Resources/Substance-Use/Substance-Use-Resources-For-Parents-of-Adolesc.aspx>
 - <https://www.samhsa.gov/underage-drinking/parent-resources>
 - <http://www.nopetaskforce.org/for-parents.php>