

Welcome to RMS  
WINTER 1 Sports  
Orientation 10/18 @ 5:30

Who is your favorite athlete or what are you most excited about for this season?



# WINTER 1: Need to Know

- Purpose
- Registration/Physical/ASB
- Eligibility
- Health Guidelines
- Practice/Games
- Transportation

# PURPOSE

- We believe students who are involved in extra-curricular activities are happier, healthier, and perform better academically. By participating in athletics, our Grizzlies G.R.O.W.L., as they Grow physically and intellectually, are Resilient in their sport, are Open to developing new skills, are Wise in their choices, and Lead on and off the field/court. These skills will empower our Grizzlies to be tomorrow's leaders and have a positive impact in their community today!

# Registration/Physical/ASB

- Register on FamilyID with updated information/contacts
- Physical before practice/game
  - \*Good for 2 years
  - \*Submit both pages(provider signature is a must)
  - \*drop off at office 8:00-3:00 or upload to FamilyID or provider can fax 509-546-6001 or email physical to [cahernandez@psd1.org](mailto:cahernandez@psd1.org)
- Purchase ASB prior to games
- These tasks can be completed on the Reynolds Athletic Website.

# Eligibility

- Student athlete...student is the priority.
- Maintain 2.0 GPA
- Not failing more than 1 class
- On game days a player may not miss more than half their classes in order to play.
- Periodic grade checks occur during the season as determined by coach resulting in being ineligible to participate in competitions until grades meet eligibility status.
- 8 practices required before playing in first game.

# Health Guidelines

- Masks are optional at this time.
- No Covid testing will be required at this time.
- Please do not attend practice if player is ill and communicate to coach so they are aware of why player is not able to attend practice. Refer to RMS Athletic Webpage for coach's email.
- Bring own water bottle.

# Practice/Games

- Practice times will occur after school and end before 5:00. Please arrive for pickup at or before 5:00. Some teams will be practicing in the morning before school starting at 5:45 in order to increase access to facilities.
- Practices will start October 24<sup>th</sup>. Games schedules will be published once the area AD's can meet about the number of teams that are available to play at each school.
- If games start times are after 5:00, coaches will communicate whether players can go home after school. If players go home they will need to return at the time the coach determines based on when the bus departs or home game starts (generally 4:15).
- On away games, parents are responsible for signing out the player with the coach before going home.
- Refer to athletic website for possible game time/location changes due to transportation, ref/ump availability or cancelations. We will also send out messaging as early as possible of possible changes or cancelations.
- If missing practice for any reason, please provide a note for player to give to their coach.
- Any student with a Major discipline referral at school will be ineligible to play in the next game.

# Transportation

- Activity bus is available and will start the first day of school. See RMS athletic website for drop off areas.
- Pull forward to the front of pick-up loop when picking up a player at the front of the school. You may also pick up students in the back bus loop, but please be cautious when buses are present.
- On away games, buses will provide transportation to the game and back to the school.



# SPORTSMANSHIP

- Please remember that this experience in athletics is meant to be a positive experience for all those involved, which include athletes, spectators, coaches and officials.
- You will find that there will be a varying degree of experience amongst players, coaches, and even officials. Every day is a growing experience for improving their skills and reaching their fullest potential in the sport. Please be understanding of this.
- Our behavior reflects upon our school and community. Please be positive and encouraging as you cheer for our Grizzley athletic teams.

# Breakout Rooms

- Meet the coaches
- Sport specific details/questions

Thank you for attending the orientation!